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BUNDYS



Spicy chutney chicken sandwich

Serves 4

440g Big Al's Hot and Spicy Chicken Strips

4 Bundys Splitz Sandwich Rolls, sliced lengthways

4tbsp coleslaw

handful baby spinach leaves

4tbsp mango chutney

1 Preheat the oven to 190C/gas mark 5. Cook the Big Al's Hot and Spicy Chicken Strips in the oven for 10-12 minutes until cooked. Set aside until needed.

2 Top one half of each Bundys Splitz Sandwich Roll with a quarter of the coleslaw mixture followed by the spinach. Then divide the chicken between each and spoon 1tbsp of chutney over. Top with the other half of the Bundys Splitz roll and serve immediately.

Fat	15g	Saturated fat	3g	Energy	341kcal		
Protein	25g	Sodium	.7g	Fibre	1g	Carbs	28g



Chicken and roasted pepper sandwich

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