



Mini cornbreads

Makes 20

500ml buttermilk

500g self-raising flour

1 large tin of sweet corn

1 Preheat the oven to 180°C/gas mark 4 and grease and line 20 mini loaf tins or two medium-sized loaf tins. Mix the buttermilk, flour and sweet corn together.

2 Pour the mixture into the tins and bake for approximately one hour until golden brown or a skewer inserted into the middle comes out clean.

Fat	1g	Carbs	23g	Energy	105kcal
Protein	4g	Sodium	.1g	Fibre	2g

